Disability inclusion help for NYC youth programs

Where to call, what to download, and where to send families.

Who this is for: directors and front-line staff at New York City youth programs. The last section is meant to be passed on to families.

For your program and staff

- **Northeast ADA Center (Cornell University).** ADA specialists answer questions by phone and email for New York, New Jersey, Puerto Rico and the U.S. Virgin Islands, in English and Spanish. Call 800-949-4232 (voice and TTY) or write northeastada@cornell.edu. northeastada.org
- **ADA.gov: Child Care Centers and the ADA.** The Justice Department's question-and-answer sheet on enrolling children with disabilities: individual assessment, religious programs, insurance costs and fees. ada.gov/resources/child-care-centers
- **Kids Included Together: The Inclusion Checklist for Programs.** A free download that walks a program through 16 areas of inclusive practice, plus a free 20-minute staff course, Catch It Early, on spotting the early signs that a child is starting to struggle. kit.org/free-download · kit.org/catch-it-early
- **New York State Department of Health: campers with disabilities.** Frequently asked questions on what the State Sanitary Code asks of day and overnight camps that enroll campers with disabilities. health.ny.gov camps FAQ
- **NYC Commission on Human Rights.** The City's Legal Enforcement Guidance on Discrimination on the Basis of Disability (December 2025) sets out the cooperative dialogue a program owes a family. nyc.gov/humanrights
- **Job Accommodation Network (JAN).** Free, confidential answers on accommodations for your own staff and job applicants, funded by the U.S. Department of Labor. Call 800-526-7234. askjan.org

For the families you serve

- **INCLUDEnyc Help Line.** Free one-on-one help for New York City families of children and young people with disabilities, from birth through age 26, on special education, services and rights. Monday to Thursday, 9 AM to 3 PM. English: call 212-677-4660 or text 646-693-3175. Spanish: call 212-677-4668 or text 646-693-3157. Help in more than 200 languages. includenyc.org/help-center/help-line

Listings are information, not endorsements, and nothing here is paid placement. Phone numbers and hours are as each organization publishes them.

ADA Access for All (Guillaume & Co. LLC) performs the ADA and Section 504 program function for organizations. Principal Marc Guillaume holds the ADA Coordinator Certification (Great Plains ADA Center, University of Missouri), is a DHS Trusted Tester and served as a Disability Service Facilitator for New York City Public Schools. More free material: adaaccessforall.com/resources · info@adaaccessforall.com